

LEVEL 3 CAMBRIDGE TECHNICAL IN SPORT AND PHYSICAL ACTIVITY

Time allowed: 1 hour
C401/1906

- no materials required

D	D	M	M	Y	Y	Y	Y
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- Use black ink.
- Answer **all** the questions.
- Write your answer to each question in the space provided.
- If additional answer space is required, you should use the lined page(s) at the end of this booklet. The question number(s) must be clearly shown.

- The total mark for this paper is **60**.
- The marks for each question are shown in brackets [].
- Quality of written communication will be assessed in the question marked with an asterisk (*).
- This document consists of **12** pages.

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Question No	Mark
1	/15
2	/19
3	/12
4	/14
Total	/60

Answer **all** the questions.

- 1 (a) (i) Which one of the following best describes the role of the Department of Health in Sport in the UK?

- (a) They help to organise sporting events
- (b) They help to teach people to be better at sport
- (c) They want to use sport as a way of raising money
- (d) They want to encourage people to be more active

☐
☐
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☐

[1]

- (ii) Which one of the following is a sports development initiative that the Department of Health is responsible for?

- (a) Sport Relief
- (b) Couch to 5k
- (c) This Girl Can
- (d) Street Games

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[1]

- (b) Describe how the Department for Education (DfE) is involved with the organisation of sport in the UK.

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.....[4]

(c) UK Sport has responsibility to bid for major sporting events.

True

☐

False

☐

[1]

(d) Name **two** International Governing Bodies of sport.

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.....[2]

(e) National Governing Bodies (NGBs) have a number of roles and responsibilities to fulfil within their sport; one of these is to organise competitions and tournaments.

Describe the other roles and responsibilities of an NGB.

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2 Fig. 1 below shows the different stages of the sport development continuum.

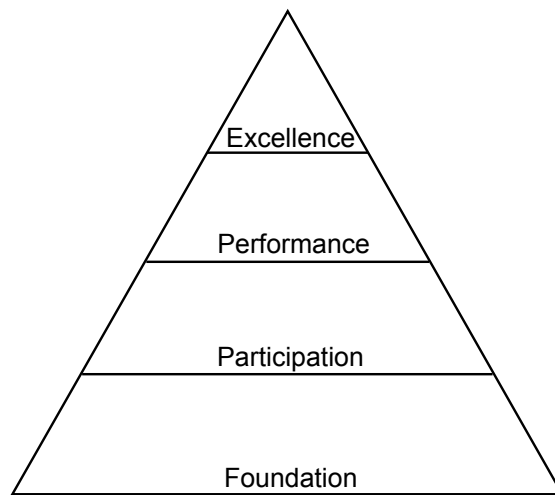


Fig. 1

(a) Give a characteristic of an individual who is at each stage.

Foundation.....

.....

Participation.....

.....

Performance.....

.....

Excellence.....

.....

[4]

- (b) One of the roles involved within sports development is that of a coach or a leader.

Describe how a coach or leader's delivery might differ when helping a performer at each stage.

Foundation.....

.....

Participation.....

.....

Performance.....

.....

Excellence.....

.....

[4]

- (c) One of the reasons for encouraging people to get involved in sport is because it is a good way to develop and promote values.

Identify **three** values that can be developed through sport and give an example for each one.

Value.....

Example.....

.....

Value.....

Example.....

.....

Value.....

Example.....

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[3]

Describe the barriers to participation for this group. Discuss possible reasons why their participation may have increased.

This image shows a full page of white paper with horizontal dashed lines, typical of primary school writing paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

- 3 (a) Describe the potential physiological impact of physical activity on children/adolescents (11 to 15-years old).

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.....[4]

- (b) Other than for measuring performance, identify the other **two** possible measures used to determine the success of a sports development initiative.

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.....[2]

- (c) One method for measuring performance is through external assessment. Identify **two** other methods for measuring performance within sports development.

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.....[2]

- (d) The Active People survey is one method of collecting data concerning participation rates in sport in the UK.

Describe **four** disadvantages of using surveys as a method of measuring participation in physical activity.

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.....[4]

- 4 (a) The Six Nations rugby championship is an international sporting event.

True ☐

False ☐

[1]

- (b) Sport in the UK is funded in a variety of ways. One of these ways is through government funding. Identify **two** other sources of funding sport in the UK with examples.

Source:

Example:

.....

Source:

Example:

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[4]

- (c) A television advertising campaign is one way that sports development can be promoted. Describe **three** other ways that a sports development initiative can be promoted.

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2.....

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3.....

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[3]



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